

# Pastor's Letter

## June 7, 2026 – Most Holy Body & Blood of Christ

Dear Church Family.

Today the church celebrates the Solemnity of the Most Holy Body and Blood of Christ. We remember that, as St. John records in our Gospel reading, Jesus said, "I am the living bread that came down from heaven; whoever eats this bread will live forever: and the bread that I will give is my flesh for the life of the world."

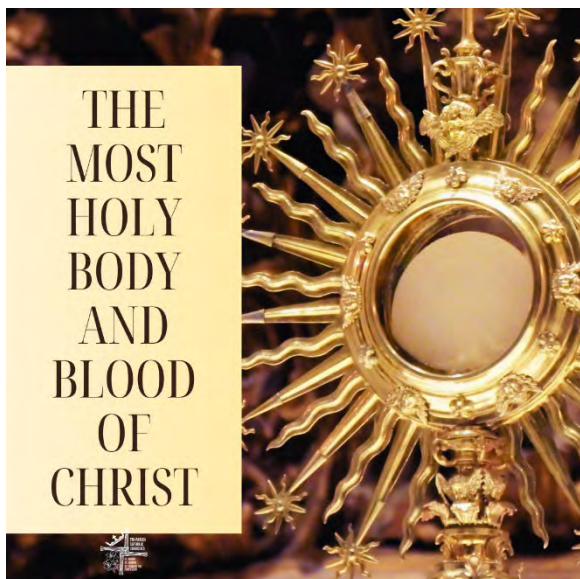
This gift, Jesus' own body and blood as food, is the very life of the church. Without the spiritual nourishment we receive in the Eucharist, there is no church. Many Catholics have forgotten this, if they ever learned it. Mass attendance continues to go down and the number of people claiming to have no religion goes up. There are a variety of reasons for this, including disgust with leaders in the church who cause scandal and the failure of some in the church to live up to Christ's call to love. Some have just drifted away because of uninspiring preaching or bad liturgy.

This is understandable, and we need to do all we can to fix these problems, but it doesn't change the fact that if we are not receiving the grace of the Eucharist we are spiritually dying of starvation. If our bodies aren't receiving the food they need, they let us know it. That growling stomach is hard to ignore. There are also signs of spiritual malnutrition as well, although they might be more subtle. We might become less loving and more judgmental or hateful toward others. We might become less inclined to pray or give in more easily to temptation. We fall away from God and the joy of life in Christ is extinguished.

Now is the time to fight this spiritual famine. Now is the time to deepen our devotion to the source and summit of our faith. Jesus Christ is the bread of heaven. He wants everyone to come to his table and join the feast.

Blessings,

Fr. Scott



### **Adult Altar Servers**

Are you looking for a way to have a deeper, personal way of participating in the Eucharist? Why not become an Adult Server! The Altar Servers assist the priest during Mass by participating in the entrance procession and presentation of the gifts, as well as holding the prayer books. This is a great way to mentor the young servers, helping them understand their role. Please call the office if you are interested. Training is provided.